



Greensboro Charlotte Center for Emotionally Focused Therapy
presents

EMOTIONALLY FOCUSED THERAPY WITH INDIVIDUALS:

CREATING A SAFE HAVEN AND SECURE BASE

WITH SELF AND OTHERS

Presenter: Lorrie Brubacher MEd, LMFT (NC # 1245),
Certified EFT Trainer and Supervisor, Director, GCCEFT
NBCC Approved Provider # 6488

DATE: April 27 and 28, 2012

Friday 3:00 – 8:00 p.m.

Bring bag lunch/dinner, to work through dinner hour; snack and drinks provided)

Saturday 9:00 a.m.– 5:00 p.m.

Morning and afternoon snacks and drinks provided; one hour for lunch: bring lunch or purchase locally

12 NBCC Approved CE hours

COST: 329.00 or 299.00 early bird • GCCEFT members \$299 or \$269 early bird. (Early bird deadline: March 30, 2012).

LOCATION: Vacc Clinic, Ferguson Building, Department of Counseling and Educational Development, University of North Carolina at Greensboro

EMOTIONALLY FOCUSED THERAPY, a short-term, structured and tested approach is effective with individuals, couples and families. It offers a unique perspective on how to use the power of emotion and the new science of adult attachment to create significant, lasting change. The attachment lens provides therapists with a stance and tools to attune to moment-to-moment emotional experiencing and the cycles in which people get caught. The experiential process moves from deepening awareness of how the stuck cycles are creating and maintaining distress to transforming the cycles into positive ones that foster secure relationships with self and others. Psychotherapy process research has shown that the "depth of emotional processing" which EFT emphasizes correlates with lasting therapeutic outcome. The EFT set of interventions and change events, based on the attachment view of love and bonding, have been tested and found to be effective in creating change.

Registration:

To register mail registration information with payment. Check one:

- \$329 regular rate
- \$299 if mailed by March 30, 2012
- \$299 GCCEFT member
- \$269 GCCEFT member and mailed by March 30, 2012

Make check payable to: Lorrie Brubacher

Mail to: GCCEFT c/o Elizabeth Brunson Doom
7108 Donegal Ct., Clemmons, NC 27012

Registration will be confirmed by email.

For More Information, contact:

Elizabeth Brunson Doom ebdoom@gmail.com or 919.244.9580

Name

Address

Email Address

Telephone (where you prefer GCCEFT to contact you)

Professional Designation

Cancellations received in writing 14 days prior to event: full refund minus \$50.00.
Cancellation within 14 days of event: 50% refund. In the event a course is cancelled due to low registration, a refund will be issued in the full amount paid.

